

Idaho State UNIVERSITY

The Institute of Rural Health and Rocky Mountain Learning present:

Spring 2010 TBI Continuing Education Series:

This five-part webinar series will cover topics on traumatic brain injury research, education, and prevention. These presentations are part of the ongoing commitment by the TBI Continuing Education Grant to provide health education and outreach activities statewide. Family members, private providers, state agency personnel, and the general public who work with or have an interest in traumatic brain injuries are invited to participate.

All sessions are from 1:00 pm to 2:30 pm MST

February 26: The Value of Peer Support and Online Connections: TBI Survivors Network

The Internet now offers many opportunities for survivors and caregivers of TBI. Hear the history of this site and how this and other peer support networks have enhanced the lives of survivors.

Presenters: **Craig Sicilia** - Behavioralist, TBI Survivor, and Advocate; **Penny Condoll** - Social Worker, TBI Advocate, and Survivor.

March 3: Compassion Fatigue

Care givers are at high risk for compassion fatigue. Attendees will learn to identify compassion fatigue and differentiate it from burnout, identify elements of CF and those at risk, and identify resiliency factors.

Presenter: **LCDR Pamela Herbig** - Psychiatric Nurse Practitioner, Clinical Nurse Specialist and Director, Uniformed Services University of Health Sciences - Director of the PMH-NP program.

March 12: Resources for Military Personnel and Their Families

Presenter: **Barbara Cohoon, R.N., Ph.D.** - Deputy Director of Government Relations for the National Military Family Association

March 31: Why do we See Personality Changes after TBI?

This session will discuss the biological, psychological, and social factors that influence changes in coping style and personality after traumatic brain injury.

Presenter: **Greg O'Shanick, M.D.** - President and Medical Director, Center for Neurorehabilitation Services, PC, BIAA National Medical Director.

April 9: Grief and Loss among Families after a Brain Injury

The session will discuss the common emotions and reactions of the family after a family member has sustained a brain injury or blast injury, and how family members cope and adjust to changes in their lives and families over time.

Presenter: **Marilyn Lash, M.S.W.** - Social Worker and founding partner of Lash and Associates Publishing/Training in Wake Forest, NC.



Where professionals reach their peak!

This series will be broadcast over the internet to your computer. A computer (Windows XP/Vista/7 or Mac OS X 10.4+) with high speed internet access and headphones or speakers is required.

To register please go to www.rockymountainlearning.com/tbi2010. For technical assistance, please call 208-282-4518.

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